



December						<div>  </div> <div>  </div> <div> <div>STUDENT NUTRITION</div> <div> <div>FREE & REDUCED</div> <div>All meal offerings are eligible for Free & Reduced Program. Students do not need to take all components to qualify.</div> </div> <div> <div> <div>\$</div> <div>Lunch Meal \$3.35</div> <div>Entrée Only \$4.45</div> </div> <div> <div>GLUTEN FREE ROLLS, FRESH FRUIT & VEGETABLES</div> <div>Available daily. Items are a la carte unless denoted on station.</div> </div> <div> <div>Aramark is hiring!</div> <div> <div>• Food Service Workers</div> <div>• Cashiers</div> </div> <div>NO nights or weekends</div> </div> <div> <div>\$ 18 per hour</div> <div>MENUS ARE SUBJECT TO CHANGE</div> </div> </div> </div>
ARCOLA / SKYVIEW	Monday 11/27	Tuesday 11/28	Wednesday 11/29	Thursday 11/30	Friday 12/1	
BISTRO	Breakfast Bar: Choice of Pancakes, French Toast or Waffle Toppings available include: Blueberry, Strawberries, Apples, Maple Syrup and Whipped Cream Choice of Bacon or Sausage					
Grill OPTIONS	Choose from Chicken Filet, Spicy Chicken Filet, Beef Burger or Cheeseburger, or Mini Corn Dog. Top it with freshly prepared sauces, lettuce, tomato and pickles. <i>*Gluten Free Rolls Available upon request</i>					
Pizza OPTIONS	Daily Offerings: <div> <div>Plain</div> <div>V</div> <div>Pepperoni</div> <div>Hawaiian</div> </div>					
DELI & SALAD OPTIONS	Daily Offerings: <div> <div> <div>Sunbutter & Jelly</div> <div>Pizza Bagel Pack</div> <div>V</div> <div>V</div> </div> <div> <div>Ham & Cheese</div> <div>Turkey & Cheese</div> <div>Cheese</div> <div>V</div> </div> <div> <div>Wraps</div> <div>Chicken Caesar</div> <div>Buffalo Chicken</div> </div> <div> <div>Salads</div> <div>Egg Chef</div> <div>Chicken Cesar</div> <div>GF</div> <div>V</div> </div> <div> <div>Hummus</div> <div>GF</div> <div>V</div> </div> </div>					
HOT MEAL OPTIONS	Mini Pretzel Dogs	Cheesesteak	Chili & Corn Bread	Popcorn Chicken Bowl	Warrior Fil-A Sandwich with Special-A Sauce	

Questions?

610-489-5000
x30216

V




 = Vegetarian


GF

 = Gluten Free


EOE - The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations.

Milk: All Choices are rBST Hormone Free: Nonfat Flavored Chocolate and 1% White

December		National Cookie Day			
ARCOLA / SKYVIEW	Monday	Tuesday	Wednesday	Thursday	Friday
	12/4	12/5	12/6	12/7	12/8
BISTRO	Choice of Popcorn Chicken or Seasoned Ground Beef over Ramen Noodles or Fried Rice with Chicken or Vegetable Broth Toppings: Cilantro, Jalapenos, Scallions, Sriracha Sauce and Lime Wedge				
Grill OPTIONS	Choose from Chicken Filet, Spicy Chicken Filet, Beef Burger or Cheeseburger, or Cheesy Breadsticks. Top it with freshly prepared sauces, lettuce, tomato and pickles. <i>*Gluten Free Rolls Available upon request</i>				
Pizza OPTIONS	Daily Offerings: Plain  Pepperoni Buffalo Chicken				
DELI & SALAD OPTIONS	Daily Offerings: Sunbutter & Jelly  Pizza Bagel Pack  Ham & Cheese Turkey & Cheese Cheese  Wraps Chicken Cesar Buffalo Chicken Salads Egg Chef Chicken Caesar   Hummus  				
HOT MEAL OPTIONS	Chicken Pizza Quesadilla	Chicken Broccoli Alfredo with Texas Toast	Ham & Cheese Melt on a Pretzel Bun	French Toast Sticks and Sausage	Golden Crispy Chicken Nuggets and Fries


aramark
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Lunch Meal \$3.35
Entrée Only \$4.45


GLUTEN FREE ROLLS, FRESH FRUIT & VEGETABLES
Available daily. Items are a la carte unless denoted on station.

Aramark is hiring!
• Food Service Workers
• Cashiers
NO nights or weekends

\$ 18 per hour

MENUS ARE SUBJECT TO CHANGE













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December		Limited Time Offer			
	Monday	Tuesday	Wednesday	Thursday	Friday
ARCOLA / SKYVIEW	12/11	12/12	12/13	12/14	12/15
BISTRO	Choice of Spaghetti or Penne with Marinara or Alfredo Sauce Choice of Protein: Popcorn Chicken or Turkey Meatballs				
Grill OPTIONS	Choose from Chicken Filet, Spicy Chicken Filet, Beef Burger or Cheeseburger, or Mini Corn Dog. Top it with freshly prepared sauces, lettuce, tomato and pickles. <i>*Gluten Free Rolls Available upon request</i>				
Pizza OPTIONS	Daily Offerings: Plain  Pepperoni BBQ Chicken				
DELI & SALAD OPTIONS	Daily Offerings: <div> Sunbutter & Jelly Pizza Bagel Pack   </div> <div> Ham & Cheese Turkey & Cheese Cheese  </div> <div> <u>Wraps</u> Chicken Cesar Buffalo Chicken </div> <div> <u>Salads</u> Egg Chef   Buffalo Ranch Popcorn Chicken </div> <div> Hummus   </div>				
HOT MEAL OPTIONS	Oven Roasted Chicken Drumstick with Mashed Potatoes	Hot Honey Chicken Biscuit Tostada	Grilled Cheese on Texas Toast with Tomato Soup 	Baked Russet Potato Bar  	Pizza Crunchers 

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December					No School	<div>   <div>STUDENT NUTRITION</div> </div>
Monday	Tuesday	Wednesday	Thursday	Friday		
12/18	12/19	12/20	12/21	12/22		
ARCOLA / SKYVIEW						
BISTRO	Choice of Beef, Chicken Pastor or Pork Carnitas Toppings: Mexican Street Corn, Black Bean Salsa, Sour Cream, Guacamole, Green Onion, Jalapeno, Salsa and Lime Wedge					<div>FREE & REDUCED</div> <div>All meal offerings are eligible for Free & Reduced Program. Students do not need to take all components to qualify.</div>
Grill OPTIONS	Choose from Chicken Filet, Spicy Chicken Filet, Beef Burger or Cheeseburger, or Chicken Tenders. Top it with freshly prepared sauces, lettuce, tomato and pickles. <i>*Gluten Free Rolls Available upon request</i>					<div> <div>\$</div> <div>Lunch Meal \$3.35</div> <div>Entrée Only \$4.45</div> </div>
Pizza OPTIONS	Daily Offerings: <div> <div>Plain</div> <div>V</div> <div>Pepperoni</div> <div>Taco</div> </div>					GLUTEN FREE ROLLS, FRESH FRUIT & VEGETABLES Available daily. Items are a la carte unless denoted on station.
DELI & SALAD OPTIONS	Daily Offerings: <div> <div> <div>Sunbutter & Jelly</div> <div>Pizza Bagel Pack</div> <div>V</div> <div>V</div> </div> <div> <div>Ham & Cheese</div> <div>Turkey & Cheese</div> <div>Cheese</div> <div>V</div> </div> <div> <div>Wraps</div> <div>Chicken Cesar</div> <div>Buffalo Chicken</div> <div>Vegetable Hummus</div> <div>V</div> </div> <div> <div>Salads</div> <div>Egg Chef</div> <div>Grilled Chicken, Feta</div> <div>Cheese & Berry</div> <div>V</div> <div>GF</div> </div> <div> <div>Hummus</div> <div>V</div> <div>GF</div> </div> </div>					<div>Aramark is hiring!</div> <ul style="list-style-type: none"> Food Service Workers Cashiers <div>NO nights or weekends</div> <div>\$ 18 per hour</div> <div>MENUS ARE SUBJECT TO CHANGE</div>
HOT MEAL OPTIONS	Breaded Fish Sticks with Yellow Rice	Pierogies V	Nachos Grande	Sloppy Joe	No School	<div>EOE - The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations.</div> <div>Milk: All Choices are rBST Hormone Free: Nonfat Flavored Chocolate and 1% White</div>



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